



INFORMED

A Quick Guide to Informed Consent

✓ **C – Communication**

- Explain the intervention
- Use simple, non-technical language

✓ **O – Options**

- Discuss alternative treatments
- Identify possible providers

✓ **N – Necessary Disclosure**

- Share benefits and risks
- Clarify expected outcomes

✓ **S – Shared Decision-Making**

- Confirm the patient/client's ability to decide
- Encourage questions and input

✓ **E – Empower Autonomy**

- Respect the right to accept or refuse care
- Consent can be modified or withdrawn at any time

✓ **N – Nurture Trust**

- Build a collaborative relationship
- Establish professional boundaries

✓ **T – Transparency**

- Document the consent process clearly
- Review expected timeframes and costs